



**A registered charity (Number: 1086140) affiliated to Headway UK, supporting local people since 1986. We provide support to people with head injury / acquired brain injury, their family, carers, and interested professionals.**

**A Summary of our Services:**

- ❖ Provide support, information and guidance
- ❖ Information on all aspects of brain injury is purchased from Headway UK and provided free of charge to families.
- ❖ Contact is maintained with many of the service users, either through group meetings, telephone, email or letter
- ❖ A telephone help-line is available on **023 92 664972** when the office is not staffed or sessions are running an answerphone is available
- ❖ Community Outreach available at Portsmouth, Gosport, and Petersfield
- ❖ Weekly session at Portsmouth for family members
- ❖ Cognitive re-enablement Programme for Service Users
- ❖ Headway works with the statutory bodies and other voluntary organisations in lobbying for improved services locally for people with head injury
- ❖ We strive to raise awareness of the effects of head injury on the person and the family, and help people re-integrate in the community

.....**AND MUCH MORE**

For further information please contact us on 023 92664972 or write to:

Headway Portsmouth & South-East Hampshire  
The Mountbatten Centre  
Grandstand Suite  
Alexandra Park  
Twyford Avenue  
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